

In developed societies medical advances, living conditions, hygiene and nutritional habits, have brought about social and demographic changes that has led to an increase in the number of elderly people and the reduction of births, in the population as a whole. This fact makes it necessary to plan and project for elderly needs, both at indoors (at home), and ate outdoors (garden / park), through sustainable development proposals, in accordance with current policy. To serve this need multidisciplinary working, maybe called for. Design professionals are possibly accustomed to undertake projects for benefit of human beings of average percentile and with this they often fail to consider needs of the elderly. When a designers work in this way, for the average of the population, instead of including all, the possibility of elderly enjoying environments, products/ equipments/ services, maybe reduced. Inclusive Design constitutes an intended process directed to ensure that products/ equipments / services, maybe used by anyone, independently of the age, size, disability and others characteristics. The present investigation gives emphasis to the importance that design for parks and gardens, takes elderly needs into consideration and intends to demonstrate, how to induce their satisfaction, in physical, psychology and social ways.