

1 **Temporal grazing exclusion as a passive restoration**
2 **strategy in a dryland woodland: effects over time on**
3 **tree regeneration and on the shrub community**

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22 Abstract

23 Passive restoration is acknowledged as a cost-effective approach to restore
24 forest ecosystems. In this approach, restoration implies simply ceasing the
25 disturbance causing degradation. But an efficient allocation of restoration efforts
26 requires an understanding of the recovery trajectories of different ecosystem
27 components.

28 In Mediterranean oak open woodlands (called *montado* in Portugal), livestock
29 grazing drives important plant community composition changes, and may
30 hamper tree regeneration, threatening the long-term sustainability of this
31 ecosystem. A temporary grazing exclusion may, thus, be an efficient restoration
32 measure. However, how beneficial changes occur with time after exclusion on
33 tree regeneration and on the structure and diversity of the ecosystem, are less
34 clear.

35 In this work, we studied the effects of grazing exclusion as a passive restoration
36 strategy on a cork oak woodland, focusing on cork oak tree (*Quercus suber*)
37 regeneration and on the structure and diversity of the understory shrub
38 community. We assessed juvenile oaks' abundance and height, shrub structure,
39 compositional and functional diversity at sites with 0, 5, 9 and 13 years of
40 grazing exclusion.

41 Cork oak individuals were similarly abundant throughout the chronosequence,
42 but time had a positive effect on the height of saplings, until 9 years of
43 exclusion. Shrub cover increased within 5 years after exclusion, and remained
44 stable thereafter. Shrub taxonomic diversity increased continuously along the
45 chronosequence, while functional diversity did not change consistently.

46 Our results suggest that grazing exclusion may be an effective passive
47 restoration measure, although different components of the ecosystem have
48 different timings of recovery. In the case of the studied cork oak woodlands, tree
49 regeneration may be promoted by a 5-10 years period of exclusion, after which
50 it decreases, while conservation of taxonomic shrub diversity may require at
51 least 13 years of exclusion. Our results highlight the importance of optimizing
52 restoration plans depending on the restoration objective.

53

54 Keywords

55 Cow grazing; Cork oak; High Nature Value Farmland; Mediterranean; *Quercus*
56 *suber*; Secondary succession.

57

58 1. Introduction

59 The importance of ecological restoration increases at the rate of global
60 ecosystem degradation (Gann et al., 2019). It consists on actions applied to a
61 degraded ecosystem, with the aim of assisting its recovery to a historical
62 trajectory, or recovery of its biodiversity, functions, or provision of valued
63 ecosystem services (Martin, 2017). two main approaches are broadly
64 recognized: i) Passive restoration – ending the disturbance at a given site and
65 letting natural succession take place; ii) Active restoration – actions such as
66 plantations, application of soil amendments or species introduction (Jones et al.,
67 2018). Studies are increasingly supporting the need to consider ecosystem
68 functions and services in restoration goals (Nunes et al., 2016). However,
69 restoring ecosystem's diversity and functions, such as species richness and soil
70 organic matter, can be seen as a continuum evolving at different rates through

71 time, in response to environmental conditions and feedback cycles that may
72 occur (Jones et al., 2018). Thus, an efficient allocation of restoration efforts
73 requires an understanding of how, and when, do ecosystems regain functions
74 and properties that were lost.

75

76 In Mediterranean drylands, extensive areas are occupied with open oak
77 woodlands (more than 3.5 Mha in Europe [Olea et al., 2005] , and, in 2006, ca.
78 1.22 Mha in Portugal alone [Godinho et al., 2016]). This ecosystem, called
79 *montado* in Portugal, or *dehesa* in Spain, is dominated by cork oak (*Quercus*
80 *suber* L.) or holm oak (*Quercus rotundifolia* Lam.), with an understory of
81 grasslands, with species such as *Vulpia geniculata* L. Link and *Lolium rigidum*
82 Gaudim. and shrubs such as *Cistus* spp. Traditionally, cork oak woodland land-
83 owners combine livestock raising with cork harvesting, among other activities
84 (Díaz, Campos, & Pulido, 1997). *Montado* areas are thus an important source of
85 provisioning services as well as regulating and supporting services in dryland
86 areas, such as climate and water regulation, fire risk reduction and biodiversity
87 conservation (Bugalho et al., 2011a). Because of its high diversity, including
88 endangered species such as the plant species Narcissus, *Narcissus fernandesii*
89 Pedro, or the Imperial eagle, *Aquila adalberti* C. L. Brehm, this ecosystem is
90 protected at the European level in the Habitats Directive 92/43/EEC (European
91 Commission, 2013). As an European agricultural landscape that sustains high
92 diversity of species and habitats, it is also recognized as a High Nature Value
93 Farmland (Paracchini et al., 2008).
94 Over the past decades, however, a consensus has been established about a
95 large-scale decline of the *montado* ecosystem in terms of tree cover and total

96 area occupied: during the period 1990-2006, the total area, including both cork-
97 oak and holm-oak dominated areas, decreased at a mean rate of 0.14% year⁻¹
98 (Godinho et al., 2016). The causes may include pests and diseases (Camilo-
99 Alves et al., 2013), intense management practices (Arosa et al., 2015), grazing
100 intensification, by cows in particular (Perea et al., 2016), local unfavourable
101 microclimatic conditions (Príncipe et al., 2014), and tree recruitment failure
102 under species-poor shublands (Acácio and Holmgren, 2014).

103 In semi-natural ecosystems such as these Mediterranean oak woodlands,
104 ecological restoration aims particularly at maintaining the biodiversity, traditional
105 management practices and ecosystem services these systems provide, taking
106 into account that human inputs are an integral part of the system (Gann et al.,
107 2019). In the montado ecosystem, grazing is a traditional land-use (Bugalho et
108 al., 2011b). It reduces above-ground plant biomass and may alter plant species
109 composition, contributing to the maintenance of a savanna-like structure,
110 promoting overall diversity and reducing wildfire risk (Castro and Freitas, 2009).
111 However, even moderate grazing and browsing, over the long-term, may have
112 negative impacts in the *montado* ecosystem, particularly contributing to a low
113 tree regeneration, and low sustainability and resilience of this system (Godinho
114 et al., 2016; Plieninger et al., 2003).

115 On the other hand, with decreasing livestock pressure a development of shrubs
116 might be expected (Bugalho et al., 2011a; Listopad et al., 2018). Some studies
117 report a nurse effect of shrubs, through shading and protection from herbivory
118 (Arosa et al., 2015; Ramírez and Díaz, 2008), whereas others show that
119 shrublands may promote acorn predators and drought-induced seedling
120 mortality through competition (Acácio and Holmgren, 2014).

121 Besides the tree regeneration, grazing and browsing also alters vegetation
122 structure, diversity and plant functional traits (Díaz et al., 2007; Peco et al.,
123 2005), with cascading effects on animal communities and ecosystem
124 functioning (Bugalho et al., 2011b; Castro and Freitas, 2009; Maestre et al.,
125 2016). Assessing functional diversity of oak woodlands may, thus, be relevant
126 for the maintenance of the multiple services these ecosystems provide.
127 Furthermore, functional diversity drives ecosystem resilience in face of
128 environmental change, as it reflects the multitude of strategies co-existing in the
129 community (Folke et al., 2004). In the context of oak woodlands, this may be
130 particularly relevant given, for example, the increasing aridity foreseen for
131 Mediterranean drylands where these systems occur (Nunes et al., 2017).
132 The rate of change of species and functional traits after grazing exclusion, i.e.
133 the time needed to recover ecosystem functions and components central to
134 *montado's* sustainability and nature value, such as regeneration, structure and
135 diversity, may depend on macroclimate, fire and management history (Acácio
136 and Holmgren, 2014; Godinho et al., 2016). Thus, even when the relationship
137 between grazing intensity and ecosystem recovery is established (Bugalho et
138 al., 2011b), the time scale at which it recovers is seldom studied for this
139 ecosystem (but see Cruz-Alonso et al. [2019] and Ramírez and Díaz [2008] for
140 approaches on the close relative holm oak). To contribute to clarify this
141 question, we evaluated the effects of grazing exclusion as a passive restoration
142 measure on a Mediterranean open oak woodland. Along a 13-year
143 chronosequence of grazing exclusion, we assessed tree regeneration and
144 different components of the shrub community, namely its structure, and
145 taxonomic and functional diversity, to evaluate how these different components

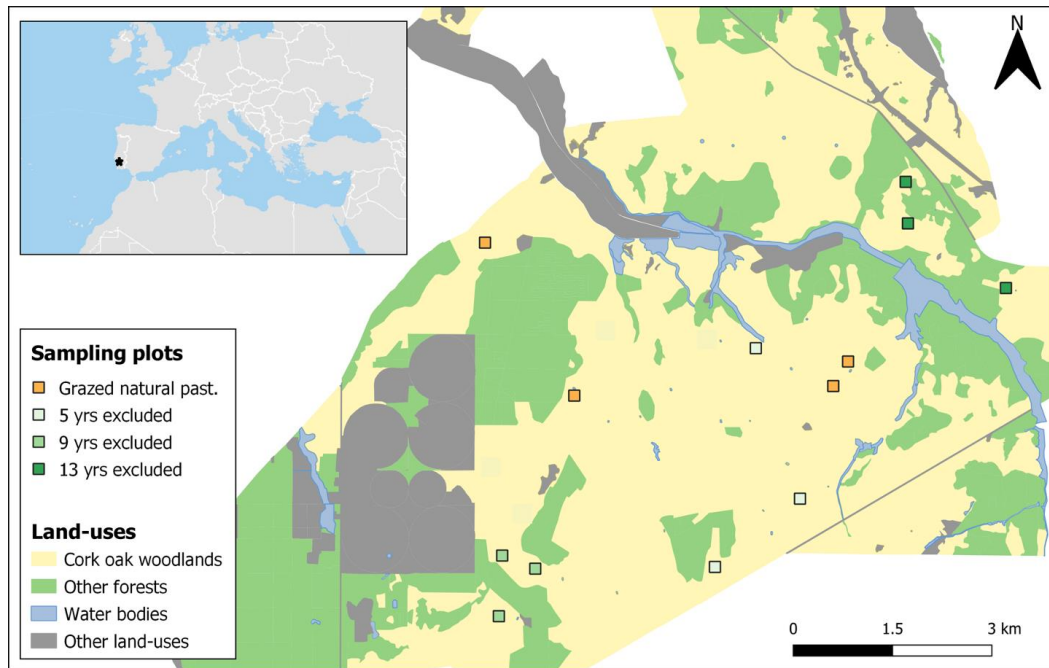
146 recover along time since exclusion in a cork oak woodland. We will focus on the
147 shrub community since this layer is deeply influenced by management and
148 grazing (Castro and Freitas, 2009; Tárrega et al., 2009). This study answers
149 two main questions: 1) What is the effect of grazing exclusion over time on cork
150 oak regeneration? 2) How do the shrub structure, taxonomic and functional
151 diversity change with time after grazing exclusion? Our hypothesis is that tree
152 regeneration will be promoted by grazing exclusion, and that shrub taxonomic
153 and functional diversity will increase with time after exclusion.

154 2. Methods

155 2.1. Study site

156 This study was conducted in central Portugal (38° 52'.780 N, 08° 51'.747 W) at
157 the state-owned farm *Companhia das Lezírias*. It comprises agricultural and
158 forestry land-uses, but the largest portion (6700 ha) is devoted to cork oak open
159 woodlands, where the farm develops its main activities - cork extraction and
160 cattle raising. The study area encompasses the most cork productive region at
161 the national level, and the farm was also established as a Long-Term Socio-
162 Ecological Research site for the *Montado* platform, promoting long-term
163 research and data exchange (LTsER montados, 2019).

164 The climate is Mediterranean, with mild wet winters and dry hot summers, with
165 a mean annual precipitation and temperature of 608 mm, 16 °C.



166

167 Color should be used in print.

168 Figure 1: Top left: Study site (star) in Portugal. Main map: sampling plots throughout the

169 *montado* ecosystem at the LTsER site *Companhia das Lezírias*.

170

171 To promote multiple functions and uses in the farm's woodlands, some areas
 172 were fenced to contend livestock, while in others grazing was excluded. In this
 173 work, we took this opportunity to study the effects of grazing exclusion over time
 174 on tree regeneration and on the structure and diversity of the understory shrub
 175 community. We sampled 13 quadrat plots with 1 ha, comprising 4 treatments:
 176 grazed with semi-natural pastures (4 plots), and excluded from livestock for 5
 177 years, for 9 years, and for 13 years (3 plots each). Plots were established within
 178 larger commonly managed areas and trying to minimize confounding factors: in
 179 flat areas, at least 50 m away from other land-uses, and within similar soil
 180 characteristics. These woodlands are dominated by cork oak trees, with a
 181 whole-farm average density of 85 trees/ha (LTsER montados, 2019). Among
 182 plots, tree cover varies between 41-80%, but this variability is transversal to all

183 ages of exclusion (Listopad et al., 2018). Maritime pine' (*Pinus pinaster*)
184 saplings occur in excluded plots, dispersing from surrounding plantations, but
185 are periodically cut to maintain the cork oak woodlands. In the 13-year excluded
186 plots, some adult pines are also present, but the overstory is dominated by cork
187 oak.

188 In grazed cork oak woodlands, grazing intensity varies between 0.5 and 1.1
189 LSU/ha (Gonçalves et al., 2012). In the semi-natural pastures, the plant
190 community is dominated by annual forbs and grasses (e.g. *Tolpis barbata* and
191 *Lolium rigidum*). Cork is harvested every 9 years, implying a localized shrub
192 clearing around adult cork oaks, however this is done equally in all plots.

193

194 2.2. Tree regeneration, shrub structure and taxonomic diversity

195 Understory woody vegetation was sampled in early summer of 2013 and 2015,
196 using the line-intercept method (Elzinga et al., 1998). In each 1 ha plot, four
197 transects of 50 m were laid systematically, totaling a sample of 200 m per plot.
198 All woody understory individuals (i.e. shrubs and cork oaks, from seedlings to
199 saplings up to 3 m) intercepted by the transects were identified to the species
200 level, and its cover measured by registering the length of the canopy projected
201 along the transect, and the maximum height determined with a measuring tape
202 (Pérez-Harguindeguy et al., 2013). With the collected data we computed shrub
203 diversity, cover, and mean shrub height per plot. Cork oak individuals were
204 included here as being part of the shrub layer. For assessing oak regeneration,
205 we computed cork oak abundance and height, considering two separated size
206 classes: below and above 0.5 m of maximum height, to differentiate seedlings
207 from saplings with higher potential of establishment (Pons and Pausas, 2006).

208 Three measures of taxonomic diversity were calculated: shrub species richness
209 (number of species recorded in each plot), diversity (Diversity of order one, 1D
210 [Hill, 1973]) and evenness (the quotient of 1D by species richness). The Hill
211 numbers, acknowledged as “true diversity” measures, calculate the effective
212 number of species of a community, i.e. the number of equally abundant species
213 a community can withhold, at the mean proportional abundance observed
214 (Tuomisto, 2010). 1D was computed with *renyi* function from *Vegan* package
215 (Oksanen et al., 2019) in *R* (R Core Team, 2019).

216

217 2.3. Functional diversity

218 To assess the effects of grazing exclusion on shrub functional diversity, each
219 species was characterized concerning three traits: height, leaf area and seed
220 mass (Table A.1). Taken together, these traits are meaningful to explain
221 species strategies and distribution (Westoby et al., 2002), composing the leaf-
222 height-seed strategy scheme proposed by Westoby (1998), with leaf area being
223 here used instead of specific leaf area due to data availability.

224 Trait values were retrieved from databases (Paula et al., 2009; Royal Botanic
225 Gardens Kew, 2008; Tavşanoğlu and Pausas, 2018), except for height, which
226 was measured *in situ*, as explained in section 2.2. For the computation of
227 functional diversity, only the height of the tallest individual was used, because
228 we were interested in the fully-grown species potential. Leaf area was included
229 as size classes, because continuous values were unavailable for most species.
230 Still, when trait data for seed mass or leaf area of a particular species were not
231 available, data from congeneric species (if identical among them) were

232 assumed for the species of interest. This, however, only happened in 9 out of
233 57 values (see the marked cases in table A.1).

234 With the values of these three traits, we calculated three functional diversity
235 metrics.: functional richness (FRic) and evenness (FEve, both from Villéger et
236 al. [2008]) and functional dispersion (FDis, from Laliberté and Legendre([2010])
237 using the *FD* package (Laliberté et al., 2014). Taken together, these different
238 metrics compose a meaningful framework for the measurement of functional
239 diversity (Laliberté and Legendre, 2010). FRic measures the range of functional
240 identities in a community. When traits values are represented in a multivariate
241 space (in our case, we are using three traits, so it is a 3-dimensional space),
242 FRic corresponds to the minimum volume needed to enclose all trait values
243 occurring in the community (Villéger et al., 2008). FDis is an abundance-
244 weighted measure of dispersion (Laliberté and Tylianakis, 2012). It is computed
245 as the mean distance of individual species to a centroid in the multivariate
246 functional space, weighted by species relative abundances (Laliberté and
247 Legendre, 2010). FEve measures the evenness of species distributions along
248 the multidimensional trait space, and is calculated by firstly drawing the
249 minimum spanning tree linking all species in the functional space, and then
250 quantifying how even species and its abundances are distributed along this tree
251 (Villéger et al., 2008). To compute these indexes, the Gower dissimilarity
252 measure was used because it accommodates different types of traits
253 (qualitative, quantitative and semi-quantitative) (Laliberté and Legendre, 2010).
254 Prior to these calculations, traits were standardized, height and seed mass were
255 log transformed, and the Pearson correlation between traits was checked. Since

256 height was correlated with leaf area, these two traits shared a weight unit in the
257 calculations (0.5 each).

258 Additionally, for each of the three traits we computed single trait functional
259 dispersion, FDis, and the community-weighted mean, CWM. Single trait FDis is
260 similar as for the multi-trait approach. CWM, for continuous and semi-
261 quantitative traits, corresponds to the average trait value for the whole
262 community, weighted by species relative abundances (Garnier et al., 2007).
263 This metric, is a measure of an aggregated trait response and reflects the
264 dominant trait response to an environmental driver, at the whole community
265 level (Garnier et al., 2007).

266

267 2.4. Data analysis

268 The effect of time since grazing exclusion on the plant community was tested
269 using Generalized Linear Models, with vegetation-derived metrics as dependent
270 variables, and time since grazing exclusion as the fixed factor. For abundance
271 of oak individuals and shrub species richness, GLMs were fit with Poisson
272 distribution (logarithmic link function), considering a dispersion parameter in
273 case of overdispersion. If needed, variables were log transformed to improve
274 normality of residuals, or, in case of heterocedasticity of errors, the model was
275 fit using generalized least squares, accounting for unequal variances between
276 periods of exclusion (Pinheiro et al., 2019). We assessed all models for
277 temporal and spatial dependency, respectively, by testing if a correlation
278 structure or order 1 (AR1) would improve model fit and by calculating the
279 Moran's I Autocorrelation Index (Gittleman and Kot, 1990), using the ape
280 package (Paradis and Schliep, 2018). This index estimates how observations

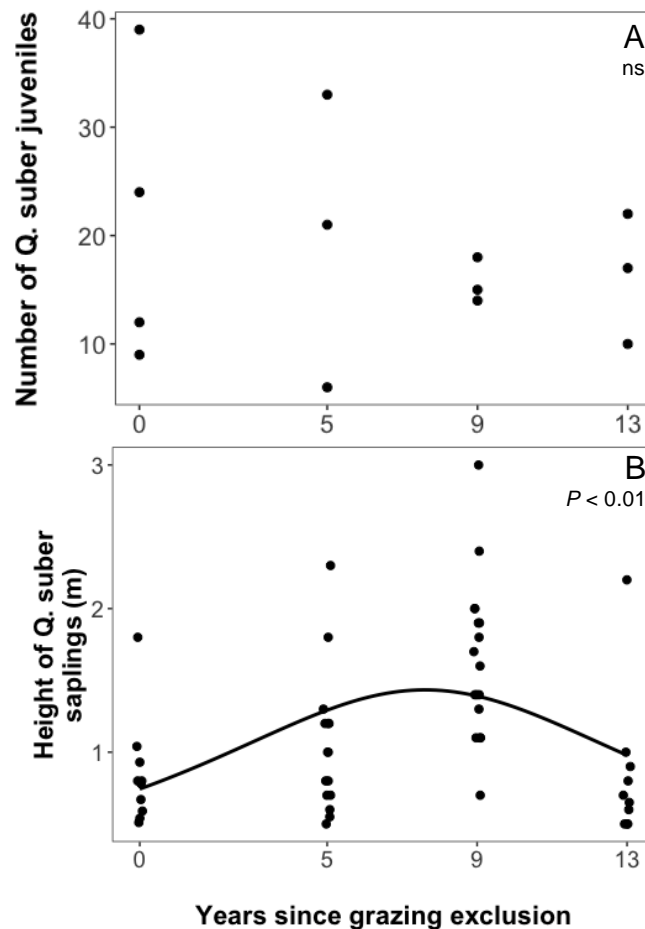
281 are related, based on their geographic locations. No signs of temporal or spatial
282 correlation were found. The correlation between species richness and functional
283 richness was tested with Pearson's correlation test. All analyses were
284 performed in *R* software (R Core Team, 2019), and assuming an $\alpha = 0.05$ for
285 significant differences.

286

287 3. Results

288 3.1. Tree regeneration

289 Abundance of oak individuals per plot (i.e. along four 200 m transects) ranged
290 between 6 and 39. The abundance of individuals did not change significantly
291 with increasing time since exclusion ($\chi^2 = 3.11$, $P = 0.416$, Fig. 2A). Similarly, no
292 difference was found for abundance of seedlings (height below 0.5 m) or
293 saplings (height above 0.5 m) ($\chi^2_{1,11} = 5.80$, $P = 0.306$, $\chi^2_{1,11} = 0.59$, $P = 0.692$,
294 respectively; data not shown). However, the height of saplings showed a
295 unimodal pattern along the chronosequence ($F_{2,49} = 2.76$, $P = 0.003$; Fig. 2B).
296 The height of individuals increases from grazed plots (mean height 0.85 ± 0.38
297 m) to 9-years excluded plots (1.64 ± 0.55 m), after which it decreases in the 13-
298 years excluded plots (0.84 ± 0.51 m).



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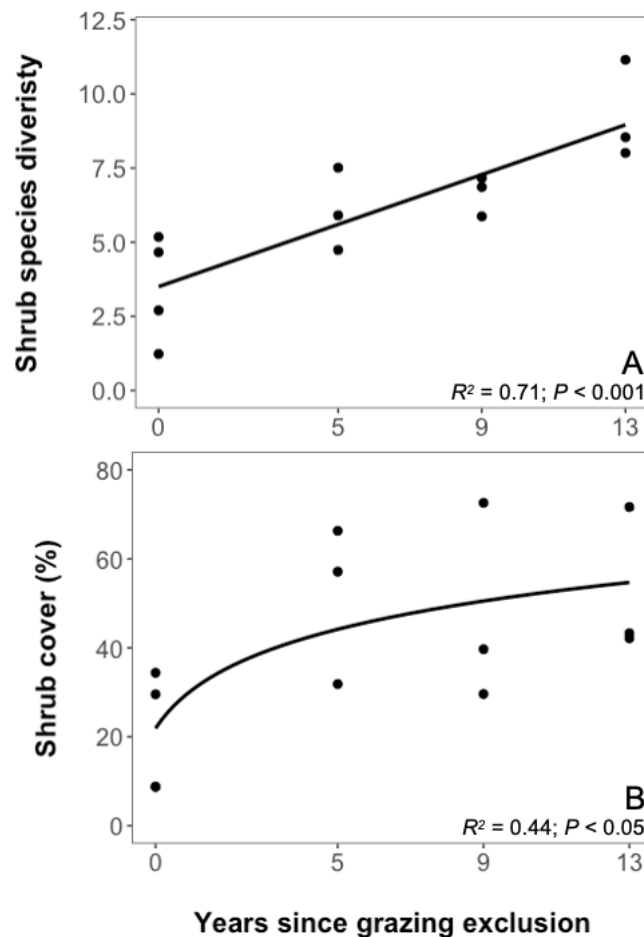
300 Figure 2: Cork oak individuals found in the understory. (A) abundance, showing no pattern
 301 along the chronosequence; (B) height of saplings (i.e. individuals taller than 0.5 m) showing a
 302 significant unimodal pattern with increasing age of exclusion. Here points are jittered to avoid
 303 overplotting. $N = 13$ for abundance, $N = 52$ for height, at $\alpha = 0.05$.

304

305 3.2. Shrub structure and taxonomic diversity

306 A total of 29 shrub species were found (oak individuals, being part of the
 307 understory layer, and 2 chamaephytes, because of their lignified growth habit,
 308 were included; see the complete list in Table A.1). Shrub species richness
 309 increased linearly along the chronosequence ($F_{1,11} = 56.91$, $P < 0.0001$; Fig.
 310 A.1A) from an average of 6.25 ± 3.00 species per plot in grazed plots to $15.67 \pm$
 311 1.15 species in the 13-years excluded plots. Similarly, species diversity
 312 increased linearly with time since exclusion ($F_{1,11} = 27.59$; $P = 0.0003$; Fig. 2A),

313 increasing from 3.44 ± 1.82 effective species to 9.23 ± 1.68 in the 13-years
 314 excluded plots. Across the whole chronosequence, *Ulex australis* (a spiny
 315 legume) and *Cistus salviifolius* (a dry-fruited species) were dominant in most
 316 sites, both grazed and excluded. Nevertheless, with increasing time since
 317 exclusion, other species from the *Cistaceae* family such as *Cistus crispus* and
 318 *Halimium halimifolium*, as well as some fleshy-fruited species such as *Myrtus*
 319 *communis*, became common. Species evenness varied between 0.56 and 0.59,
 320 and showed no tendency along the chronosequence ($F_{1,11} = 0.04$ $P = 0.840$,
 321 data not shown).



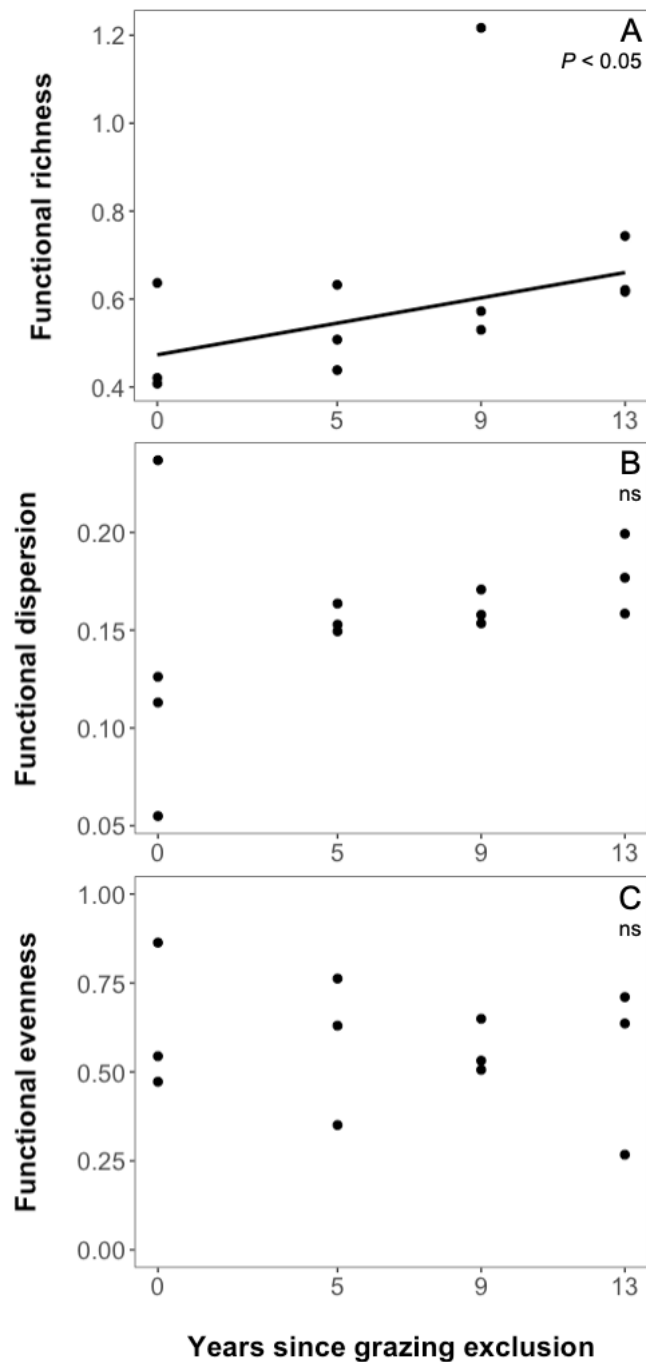
322
 323 Figure 3: Shrub diversity and structure, measured by (A) species diversity, D^1 , increasing
 324 linearly along the chronosequence, and (B) shrub cover, increasing after exclusion with a
 325 logarithmic function. Fitted lines are the LM, $N = 13$, at $\alpha = 0.05$.
 326

327 Shrub cover increased with exclusion following a logarithmic function ($F_{1,11} =$
328 8.57, $P = 0.014$; Fig. 2B), increasing from an average of $20.38\% \pm 13.54$ in
329 grazed plots to $51.76\% \pm 17.84$ in the 5-year excluded plots, and remaining
330 relatively stable thereafter. Shrub height was, on average, 62.13 ± 11.99 cm,
331 and did not change significantly along the chronosequence ($F_{1,11} = 2.14$, $P =$
332 0.17, Fig. A.1B).

333

334 3.3. Functional diversity

335 Shrub functional richness increased along the chronosequence, following a
336 linear function ($F_{1,10} = 6.60$, $P = 0.028$;
337 Figure 4A).



338

339 Figure 4: Shrub functional diversity indexes. (A) Functional richness, increasing significantly
 340 along the chronosequence; (B) functional evenness and (C) functional dispersion, both showing
 341 no pattern with age of exclusion. GLM, $N = 12$ for f. richness and f. evenness (computation is
 342 not possible for one grazed plot composed of only one species), $N = 13$ for f. dispersion, at $\alpha =$
 343 0.05.

344

345 Functional dispersion showed a marginally significant increasing trend with time
346 since exclusion, and functional evenness did not change significantly ($F_{1,11} =$
347 3.80, $P = 0.077$, and $F_{1,10} = 0.36$, $P = 0.560$, respectively; Fig. 5B, 5C).
348 Concerning individual trait CWM and f. dispersion, no significant changes were
349 found with age of exclusion (Table A.2).

350

351 4. Discussion

352 *Tree regeneration*

353 Our results show that, in the studied cork oak woodlands, oak regeneration was
354 hindered in grazed plots and in the 13-years excluded plots. Although not
355 limited by seedlings germination, as suggested by the presence of seedlings and
356 saplings throughout the chronosequence, but limited by a lack of growth of
357 saplings into young trees. A successful tree regeneration involves germination
358 of acorns, establishment of seedlings and their growth into young trees
359 (Ramírez and Díaz, 2008). In this work, our aim was to assess tree
360 regeneration from seedlings to new adult trees, by measuring the abundance
361 and height of seedlings and saplings. In grazed areas, cattle may impose direct
362 disturbance through soil compaction and browsing (López-Sánchez et al.,
363 2016). Grazing exclusion, on the other hand, particularly in the 9-yr excluded
364 plots, showed the presence of taller saplings. Likely, seedlings germinated
365 during grazing, or at an early exclusion period, were able to grow once grazing
366 has ceased. However, this positive effect on tree regeneration was not
367 observed on the 13-years excluded plots, where the height of saplings
368 decreased and was similar to grazed plots. These findings suggest that other
369 factors, co-varying with time since grazing exclusion, may be also influencing

370 the growth of oak saplings. Shrub cover and diversity, which changed due to
371 grazing exclusion, can influence, either positively or negatively, the regeneration
372 of oak trees (Dias et al., 2016). Shrub cover increased from grazed to excluded
373 plots, remaining then stable over time after exclusion. This may have had a
374 positive influence on oak regeneration in the first 9 years of exclusion, but a
375 negative influence thereafter. Shrubs can provide shade and shelter to
376 seedlings, protecting them from browsing and, maybe even more importantly,
377 summer drought (Arosa et al., 2015; Simões et al., 2016), although some
378 species may have a stronger facilitative effect than others (Rolo et al., 2013).
379 An amelioration of drought effects may also be provided by biological soil
380 crusts, which contribute to soil water retention and temperature regulation in
381 these systems, and are negatively affected by grazing (Concostrina-Zubiri et al.,
382 2017).
383 Yet, depending on the circumstances, shrubs may also negatively impact oak
384 regeneration by providing habitat for acorn predators and promote seedling
385 mortality through competition, particularly in low diverse and dense shrublands
386 (Acácio and Holmgren, 2014). Competition from shrubs could provide an
387 explanation for the decrease of oak saplings' height from 9 to 13-years
388 excluded plots. Listopad et al. (2018), who conducted a precedent study in the
389 same plots, showed that vertical structural diversity of the plant community
390 increased along our chronosequence. Thus, although shrub cover was similar
391 among exclusion periods, the diversity of heights across the vertical profile of
392 the system increases with increasing period of exclusion, driven by shrubs and
393 also by the young cork oak trees that had grown during the last 13 years. In
394 accordance with our results, Santana et al. (2011) showed these systems

395 develop a highly diverse vertical structure within the first 15 years after
396 disturbance cessation. This may promote competition with oak saplings for
397 space, light, nutrition or water, limiting the sapling's growth, and thus, limiting a
398 continuous rate of tree recruitment along time. Other works in oak woodlands
399 have shown a similar non-constant pattern of regeneration. Pons & Pausas
400 (2006) suggested that oak regeneration, after *montado* abandonment, occurs in
401 pulses, or temporal windows of opportunity - saplings develop into young trees
402 within limited periods of time, when conditions are favourable, provided that a
403 constant seedling bank is present. Oak regeneration requires conditions that
404 are likely to change along succession. For example, certain shrub species
405 facilitate oak seedlings, while others have neutral or negative effects, and these
406 effects may acute as saplings grow (Rolo et al., 2013). Dias et al. (2016) noted
407 that facilitation effects of certain shrub species may turn into competition at
408 higher shrub cover values. This could explain a non-constant oak recruitment
409 rate over time. Further studies, addressing directly the effects of shrubs on oak
410 regeneration could evaluate a possible competing interaction over time.

411 Several studies on holm oak dominated *montados*, a similar ecosystem, have
412 advocated temporal set-aside periods of 20-30 years to restore a consistent
413 tree regeneration and a tree population structure with balanced numbers of
414 young and old trees (Plieninger et al., 2003; Ramírez and Díaz, 2008). In our
415 study, regeneration was improved after 9 years of exclusion, but it decreased in
416 the 13 years excluded plots. A longer time series could confirm if regeneration
417 would resume in a more consistent manner with time. Nevertheless, our results
418 point to the usefulness of a temporal grazing exclusion of about 5-10 years to
419 promote the growth of new cork oak trees. Similarly, other studies have found

420 positive effects on cork oak regeneration within periods of less than a decade of
421 no disturbance (or very low disturbance) (Dias et al., 2016; Simões et al., 2016).
422 Additionally, our results suggest after 9 years of exclusion, the subsequent
423 development of the shrub layer (driven by shrubs and by new young trees that
424 have grown) may compete with oak saplings. At this point, it could be beneficial
425 to install tree protectors around cork oak saplings and re-introduce grazers in
426 the field. This would open vegetation, potentially promoting tree regeneration
427 along time, while preventing the damage of oaks saplings by cattle (particularly
428 by cows). Alternatively, localized shrub clearings around oak saplings, could
429 alleviate shrub competition, while maintaining shrub patches that protect
430 seedlings at early stages.

431 The *montado* is a savanna-like system of sparse trees, with an understory of
432 shrubs and pastures, traditionally managed in shifting rotations of grazing
433 areas, annual crops and fellow lands. This promotes high spatial heterogeneity
434 and maximizes the provision of services such as cork and cattle raising
435 (Bugalho et al., 2011a; Ramírez and Díaz, 2008). In this context, a temporal
436 grazing exclusion of 5-10 years, applied in areas where tree regeneration is
437 insufficient, may be a passive ecological restoration measure, as a measure
438 that assists the recovery of ecosystem components, namely tree regeneration
439 and a balanced maintenance of regeneration, shrub cover and pasture areas.
440 Moreover, the growth of new cork oak trees is essential for the sustainability the
441 *montado* system, from which the most important revenue is cork extraction. By
442 promoting tree regeration, temporal grazing exclusion is also promoting
443 montado's market value to land-owners, contributing in this way to the
444 conservation of this high nature value farmland (Bugalho et al., 2011a).

445 Our results should be taken as purely indicative when applied to other areas.
446 Our work was conducted in a single study area. This allows to focus on
447 processes occurring over time with good control of confounding factors, but
448 limits extrapolation to other cork oak populations. Moreover, our study was
449 conducted in permanent grazing excluded areas, thus we did not directly
450 assess the effects of resuming grazing after exclusion. Some factors that may
451 influence the effects of grazing exclusion on oak regeneration are, firstly, the
452 presence of oak individuals and shrubs in grazed plots. In other areas
453 regeneration may take longer if the area is completely deprived of seedlings
454 and shrubs (Ramírez and Díaz, 2008). Secondly, climate and site history also
455 influence the recovery patterns and tree growth rate: drier areas, shallow soils,
456 and fire recurrency may also impact regeneration rates (Acácio and Holmgren,
457 2014; Príncipe et al., 2014). Although wild fires are not frequent in grazed
458 montado areas, a higher cover of woody vegetation after grazing exclusion may
459 increase fire recurrency, potentially forming persistent fire-prone shrublands that
460 are hardly converted into oak woodlands (Acácio and Holmgren, 2014). Re-
461 opening the field to grazers or alleviating shrub cover may also prevent the
462 increase of fire risk associated with high fuel load (Santana et al., 2011).

463 *Shrub diversity*

464 Our results suggest that grazing exclusion allowed the secondary succession to
465 proceed, with increasing shrub cover and diversity. Expectably, secondary
466 succession of *montado* would lead the system to a Mediterranean oak forest or
467 maquis (Acácio and Holmgren, 2014; Santana et al., 2011). In *montado* areas
468 elsewhere, particularly in more arid areas and poor soils, abandonment has led
469 to a mono-specific shrub encroachment – a highly resilient “arrested

470 succession" state (Acácio and Holmgren, 2014). Nevertheless, in a context of
471 grazed oak woodlands, and with the aim of improving plant diversity, our results
472 suggest that excluding areas from grazing, particularly over a decade or more,
473 may be effective for shrub diversity conservation. Other taxa, such as
474 invertebrates and birds, are likely to benefit from shrub-rich excluded areas as
475 well, and particularly from fleshy-fruited species that were common in the 9 and
476 13-years excluded plots (Bugalho et al., 2011b). Moreover, at the landscape
477 scale, a matrix of grazed and excluded areas can further promote biodiversity
478 by increasing spatial heterogeneity and landscape connectivity (Gonçalves et
479 al., 2012).

480 In our study, shrub functional richness increased with increasing period of
481 exclusion, matching the pattern of taxonomic diversity. The latter increases the
482 functional space volume if the community has species with more extreme trait
483 values (Mouchet et al., 2010). Functional dispersion, which considers species
484 relative abundances, showed only a marginally significant increase with
485 increasing time since exclusion, and f. evenness did not change along the
486 chronosequence. This suggests that, although new species, and trait values,
487 occur in the community with grazing exclusion (thus increasing functional
488 richness), these new species are not much abundant, contributing little to alter
489 shrub functional diversity in a consistent manner (i.e. increasing simultaneously
490 richness, dispersion and evenness). However, the increasing trend of functional
491 dispersion may suggest that as time since grazing passes, the abundance of
492 species with different trait values increases, potentially augmenting functional
493 dispersion at longer exclusion periods (Villéger et al., 2008). These results
494 suggest that grazed plots preserve most of the functional diversity of 13-years

495 excluded plots. This may be because there is no ecological space, or niches, to
496 accommodate a higher functional diversity (Cadotte et al., 2011), or because a
497 longer exclusion period would be needed to improve shrub functional diversity.
498 Some species take longer to establish in a community, such as late
499 successional species (Santana et al., 2011). The latter hypothesis is supported
500 by our findings: species richness and functional richness increased linearly over
501 13 years of exclusion, indicating that the community has not stabilized yet.
502 Mediterranean communities are typically slow growing, thus a longer monitoring
503 period could further enlighten the relationship between time since grazing
504 exclusion, taxonomic diversity and functional diversity.

505 Taken together, our results showed that grazed plots, compared with grazing
506 excluded plots, had lower shrub cover and diversity. Plots excluded from
507 grazing for 9 years had also taller oak saplings than grazed and 13-years
508 excluded plots, suggesting that exclusion promoted oak regeneration in a period
509 of 9 years, after which shrubs may hinder a continuous oak regeneration. Thus,
510 promoting tree regeneration with the objective of cork exploration may be
511 accomplished with this period of exclusion, particularly if there are no limitations
512 of germination. Along 13 years of exclusion, shrub species diversity increased
513 linearly, but no consistent changes were found concerning shrub functional
514 diversity, except for functional richness that also increased with time since
515 exclusion. In the context of the studied cork oak woodlands, temporal grazing
516 exclusion can thus be an effective passive restoration measure, promoting the
517 recovery of tree regeneration and shrub diversity. The diverse patterns
518 observed for different vegetation components along time since exclusion, point
519 to the importance of objective-oriented restoration measures. Restoration

520 focused on the provisioning ecosystem services, such as oak regeneration, may
521 require a shorter period of exclusion, while restoration of regulating and
522 maintenance services, such as the maintenance of biodiversity, may require
523 longer periods of grazing exclusion (i.e. a decade or more).
524

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